

## BARITONE FINGERPICKING SERIES EPISODE 1

Travis Pattern Pattern 1: Th - I - Th - M Count: 1 - & - 2 - &

## HOW TO APPROACH A NEW PICKING PATTERN:

- 1. Pick the pattern using open strings without chords.
- 2. Pick the pattern while watching your picking hand and saying the finger or string names to yourself
- 3. Pick the pattern while holding a simple single chord.
- 4. Gradually move your eyes away from your picking hand and begin to *feel* yourself playing the pattern.
- 5. Strive to achieve the same volume with every string pluck.
- 6. Try simple chord progressions at a slow tempo + use a metronome.

## **PRACTICE EXERCISES:**

- Try each exercise one time at 66bpm. Gradually increase your metronome speed every few days.
- Take your time and focus on precision and small finger movements.
- Apply this pattern to chord progressions that you are already familiar with.

## Metronome Suggestions: @ 66bpm, 68bpm, 70bpm, 72bpm

- 1. G (2x) Gmaj7 (2x) G7 (2x) G6 (2x)
- 2. G (2x) Gmaj7 (2x) G7 (2x) C (2x)
- 3. G (2x) Em (2x) C (1x) D7 (1x)
- 4. C (2x) D7 (2x) C (2x) G (2x)
- 5. Em (2x) C (2x) G (2x) D7 (2x)