



Proper Playing Position

Checklist:

1. Sit up straight with slight lean back into your chair. Chairs without arms work best.
2. Position the ukulele on your upper thigh (right for right handed strumming, left for left handed strumming)
3. Ukulele angled upward 35-45 degrees and slightly tilted open towards your body to help see the fretboard.
4. Ukulele braced up against body using the forearm of your strumming hand to secure the instrument.
5. With fretting hand, hold neck of the instrument by making a U-shape with your thumb and index finger. Your arm is free to move rather than resting on your leg.
6. Eyes on fretting hand unless you are focusing on a strumming technique.