



PLAY UKULELE EVERY DAY

Day 7

WARM UP: Major Scales w/ Metronome

1. Practice C + D scale slowly (See Video Tab)
2. Say the notes as you play them.
3. Increase the tempo by 2 bpm each week.

ONE THING: Strumming w/ Metronome

Tip: Count in 1-2-3-4 w/ the metronome to internalize the tempo before starting to strum.

a.) 50bpm b.) 55bpm c.) 57 bpm d.) 60 bpm

1. C (4x) - Am (4x) - F (4x) - G7 (4x)
2. C (4x) - F (4x) - Am (4x) - F (4x)
3. F (4x) - G7 (4x) - C (4x) - Am (4x)
4. C (2x) - Em (2x) - F (2x) - C (2x)
5. Am (2x) - F (2x) - C (2x) - G7 (2x)

*Try playing single notes from the C major scale over any of these progressions. Pick a few notes and have some fun exploring melodies.

