



PLAY UKULELE EVERY DAY

Day 2

WARM UP: Strumming Hand

1. Start with your index finger only.
2. Now, incorporate your thumb for your up strum.
3. Adding a metronome to your routine will greatly improve your timing.
 - a) 65 bpm
 - b) 75 bpm
 - c) 85 bpm
 - d) 100 bpm (speed demons)
4. Make this more fun by incorporating dynamics. Vary your volume by adjusting your strumming attack.
5. A good warm-up routine could be: 1-2-3-4, C Major Scale + Strumming w/ metronome for 2min. Try it!

ONE THING: 1 & 2 (and a few 3) Finger Chords

Set a timer for 2 minutes every day and pick one of these to strum. 20 minutes works too :)

Strum: Down - Up or Try: D-D-U-U-D-U

1. F (4x) - A7 (4x) - F (4x) - C (4x)
2. F (2x) - A7 (2x) - Dm (4x) - G7 (4x)
3. Am (2x) - F (2x) - C (2x) - E7 (2x)

