



KICKSTART SERIES

LEVEL 2 | DAY 7

Resources: [Chord Chart](#) | [Practice Tracks](#)

Strum Pattern: U-D-U-M

Count: & 1 & 2

New Chord: Bm7

EXERCISES

Metronome tempo: 86, 90, 94, 98, 102bpm

- A) Bm7 (2x) - C (2x) - Bm7 (2x) - C (2x)
- B) B7 (1x) - Bm7 (1x) - B7 (1x) - Bm7 (1x)
- C) C (4x) - Bm7 (4x) - C (4x) - Bm7 (2x) - B7 (2x)
- D) Bm7 (2x) - C (2x) - D (2x) - E7 (2x)
- E) Create a chord progression using Bm7 and B7.