



KICKSTART SERIES

LEVEL 2 | DAY 5

Resources: [Chord Chart](#) | [Practice Tracks](#)

Strum Pattern: Down-Down-Up-Down-Up (3/4 Time)

Strum Count: 1, 2 &, 3 &

New Chord: Cm

EXERCISES

Metronome tempo: 84, 88, 92, 96, 100bpm

- A) Eb (1x) - Gm (1x) - Cm (2x)
- B) Gm (2x) - Cm (1x) - Gm (2x) - Cm (1x)
- C) F (1x) - Cm (1x) - Eb (1x) - Gm (1x)
- D) Cm (1x) - Dm (2x) - Eb (1x) - F (2x)
- E) Write a chord progression using Cm with the strumming pattern from Day 4.