



# KICKSTART SERIES

## LEVEL 2 | DAY 4

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**Resources:** [Chord Chart](#) | [Practice Tracks](#)

**Strum Pattern:** Down-Down-Up-Clap-Up-Down-Up

**Strum Count:** 1, 2 &, 3 &, 4 &

**New Chord:** Eb + Gm

### **EXERCISES**

**Practice Tempos:** 76, 82, 88, 94bpm

*\*Try increasing your metronome by 2bpm per day.*

A) Eb (2x) - Gm (2x) - F (2x) - Dm (2x)

B) Eb (1x) - Gm (1x) - F (1x) - Dm (1x)

C) Gm (2x) - Eb (2x) - Dm (2x) - F (2x)

D) F (1x) - Dm (1x) - F (1x) - Dm (1x) - Gm  
(1x) - Eb (1x)

E) Create a progression using Eb + Gm  
with a strumming pattern from Kickstart 1.