



KICKSTART SERIES

LEVEL 2 | DAY 2

Resources: [Chord Chart](#) | [Practice Tracks](#)

Strum Pattern: Down-Down-Down-Up-Down-Up

Strum Count: 1, 2, 3 &, 4 &

New Chord: E

EXERCISES

Practice Tempos: 76, 82, 88, 94bpm

**Try increasing your metronome by 2bpm per day.*

A) A (2x) - D (2x) - E (2x) - D (2x)

B) D (2x) - E (2x) - D (2x) - E (2x)

C) A (2x) - E (2x) - D (2x) - E (2x)

D) E (2x) - A (2x) - D (2x)

Challenge: Try this progression w/ each E chord shape.

E) E (1x) - D (1x) - A (2x)