



# KICKSTART SERIES

## LEVEL 2 | DAY 10

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**Resources:** [Chord Chart](#) | [Practice Tracks](#)

**Strum Patterns:** D-D-D-U-D-U, D-D-U-Clap-U-D-U,  
D-D-U-D-U (3/4), D-d

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### **EXERCISES**

*Metronome tempo: See below.*

A) G (2x) - B7 (2x) - C (2x) - Cm (2x) - **90bpm**

B) A (2x) - E (2x) - D (2x) - F#m (2x) Bm (2x)  
F#m (2x) - E (2x) **100bpm**

C) Eb (1x) - Gm (1x) - F (4x) - Bb (2x) **110bpm**

D) Fm (4x) - Cm (4x) - Bb (4x) - Gm (4x) /  
Fm (4x) - Cm (4x) - Bb (8x) **70bpm**

E) Try using each strumming pattern for Ex  
A-D.