



10 Day Kickstart - Day 5

NEW Strumming Pattern:

Down - Down - Up - Up - Down - Up

Chords: E7 (See Chord Chart)

Strum Patterns:

- a. Single Strum w/ 4 count rest
- b. Down - Down - Up (4x per chord)
- c. Down - Down - Up - Up - Down - Up (2x + 4x per chord)

Exercises

1. C - Em - Am - F
2. Am - E7 - Am - E7
3. F - E7 - Am - F
4. Am - F - G - C
5. E7 - F - Am - C

