



10 Day Kickstart - Day 2

New Strumming Pattern: Down - Up - Clap

Chords: D7, F (See Chord Chart)

Strum Patterns:

- a. Single Strum w/ 4 count rest
- b. Down - Up (4x per chord)
- c. Down - Up - Clap (4x per chord)

Exercises

1. C - Am
2. C - Am - F - C
3. Am - F - Am - F
4. Am - D7 - F - D7
5. F - Am - D7 - Am

