

Fingerpicking Exercises

Pattern: Travis Pattern

Count: 1 - 2 - 3 - 4

Mastering the Travis pattern.

- Firmly plant the pinky finger of your picking hand below the sound hole of the ukulele. This will keep your hand from lifting off of the strings when picking.
- 2. Keep the top of your picking hand parallel to the strings of the ukulele.
- 3. Watch your picking hand at first to achieve precision with your picking.
- 4. Using the C6 chord (all strings open) + pick the pattern *Thumb Index Thumb Middle*.
- 5. Say the pattern to yourself as you watch your picking hand.
- 6. Incorporate a single chord of your choice with your fretting hand and repeat #4-5.
- 7. Gradually move your eyes away from your picking hand towards your fretting hand. Begin to trust your picking hand and aim to achieve even volume with each picking stroke.

Exercises

Now, try the Travis pattern with the following chord progressions (See A4U chord chart) When you've become comfortable with each chord sequence, rearrange the chords and play them again. Start slowly, focusing on precision and tone, and build speed as you become more proficient. Try this pattern with songs and chord progressions you know!

- A.) 1x through pattern per chord B.) 2x.. C.) 4x...
- 1. C Cmaj7 C7 C6
- 2. C-C7-C-C7
- 3. C-Am-F-G7
- 4. Am F Am F
- 5. Am C G7 F
- 6. A D F#m A