



MUTING/CHUCKING

Strumming Hand

Using your palm to mute the strings by covering the sound hole is the best way to achieve this technique. The following patterns incorporate the mute/chuck.

- a.** Down - Up - Clap
- b.** Up - Down - Up - Clap
- c.** Down - Down - Up - Clap - Up - Down - Up

*Try each of these strumming patterns with the following chord progressions.

- a.** C (2x) - Am (2x) - F (2x) - G7 (2x) - *Beginner*
- b.** D (2x) - A (2x) - G (2x) - A (2x) - *Intermediate*
- c.** E (2x) - B (2x) - C#m (2x) - A (2x) - *Int/Adv*

Fretting Hand

In the lesson, we covered three ways to mute/chuck with your fretting hand. In addition to these methods, make sure to decompress your fingers from the strings you are holding while keeping your fingers in contact with the strings. This will help you to mute all of the strings.

*Using the strum patterns from above, try these!

a. Using your additional fingers

Best for: C, Cmaj7, C7, A7, Am, F

Try this: C (2x) - Cmaj7 (2x) - C7 (2x) - C6 (2x)

b. Rolling down your chording fingers

Best for: Dm, D, D7, F#m, E7, A

Try this: F#m (2x) - A (2x) - F#m (2x) D (2x)

c. Wrap the thumb, decompress the chord

Best for: G, Em, G7

Try this: G (2x) - Em (2x) - G (2x) - G7 (2x)