



# Hammer on + Pulls off

## TAB Reading Refresher:

<https://youtu.be/puGZOTd4jUA>

## Hammer On Exercises

\*Remember to hammer the string with good force and maintain finger pressure on the note. You should clearly hear the second note ring.

1.  $0^h^1$  : Hammer w/ your Index
2.  $0^h^2$  : Hammer w/ your Middle
3.  $0^h^3$  : Hammer w/ your Ring
4.  $2^h^4$  : Anchor w/ index, Hammer w/ Ring
5.  $2^h^3^h^4$  : Anchor w/ Index, Hammer w/ middle, then Ring.

## Pull Offs

1.  $1^p^0$  : Pull off w/ your Index
2.  $2^p^0$  : Pull off w/ your Middle
3.  $3^p^0$  : Pull off w/ your Ring

4.  $4^p^2$  : Hold w/ Index, pull off w/ Ring
5.  $4^p^3^p^2$  : Hold w/ your Index, pull off w/ Ring, then Middle

### **Hammer On/Pull Offs**

1.  $0^h^1^p^0$  : Try w/ your Index and Middle
2.  $2^h^3^p^2$  : Anchor w/ your Index, hammer/pull w/ your Middle
3.  $2^h^4^p^2$  : Anchor w/ your Index, hammer/pull w/ your Ring
4.  $2^h^5^p^2$  : Anchor w/ your Index, hammer/pull w/ your Pinky :)