



Choosing Strumming Patterns for Songs **DAY 5**

Strumming patterns mentioned:

4/4

1 - 2 - & - & - 4 - &

D - D - U - U - D - U

3/4

1 - 2 - & - 3 - &

D - D - U - D - U

2/4

1 - 2 - &

D - D - U

6/8

1 - 2 - & - 3 4 - 5 - & - 6

D - D - U - D | D - D - U - D

Notes/Tips:

- 1.** When using a metronome, make sure to start ghost strumming or use a muted strum while you are counting in with the click prior to starting the chord progression.
- 2.** Counting as you play the strumming pattern will help you lock in with the metronome. Give it a try!

Practice Exercises:

- A.** Try each pattern at 76bpm w/ 1-5.
 - B.** Try each pattern at 80 bpm w/ 1-5.
 - C.** Try each pattern at 84 bpm w/ 1-5.
 - D.** Can you play each pattern at 90 bpm?
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- 1.** Am (2x) - F (2x) - C (2x) - G (2x)
 - 2.** F (1x) - C (1x) - G7 (1x) - F (1x)
 - 3.** C (2x) - E7 (2x) - F (2x) - C (2x)
 - 4.** G (1x) - C (1x) - Em (1x) - D (1x)
 - 5.** Em (4x) - G (4x) - F (4x) - C (4x)