



# BARITONE FINGERPICKING SERIES EPISODE 3

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## ***Boom Diddy Pattern***

**Pattern 1: Th - I - Th - I**

**Count: 1 - & - 2 - &**

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### **HOW TO APPROACH A NEW PICKING PATTERN:**

1. Pick the pattern using open strings without chords.
2. Pick the pattern while watching your picking hand and saying the finger or string names to yourself
3. Pick the pattern while holding a simple single chord.
4. Gradually move your eyes away from your picking hand and begin to *feel* yourself playing the pattern.
5. Strive to achieve the same volume with every string pluck.
6. Try simple chord progressions at a slow tempo + use a metronome.

## **PRACTICE EXERCISES:**

- **Try each exercise one time at 70bpm. It helps to count along (1..and..2..and) Gradually increase your metronome speed every few days.**
- **Take your time and focus on precision and small finger movements.**
- **Strive to achieve the same volume level with your thumb and index.**
- **Apply the Boom Diddy pattern to chord progressions in 4/4 time that you are already familiar with.**

### **Metronome Suggestions: @ 66bpm, 68bpm, 70bpm, 72bpm**

1. C (2x) - Em (2x) - C (2x) - Em (2x)
2. C (2x) - Em (2x) - G (2x) - D (2x)
3. G (2x) - Em (2x) - C (2x) - D (2x)
4. Em (1x) - C (1x) - D (1x) - G (1x)
5. G (1x) - D7 (1x) - C (1x) - Em (1x)