



# Triplet Strum

## Technique

**Pattern: Down - Down - Up**

**Fingers: Index - Thumb - Thumb**

**Count: 1 & a**

## Incorporating into Strumming Patterns

**D = Down, U = Up, T = Triplet**

**Pattern 1: D - U - D - U - D - U - T (=1x)**

**Pattern 2: D - D - U - U - D - U / T - D - U - U - D - U (=1x)**

## Practice Exercises:

**Play triplet strumming pattern 1 & 2 with each chord progression**

**Metronome 4/4: 60bpm, 70bpm, 80bpm, 90bpm**

A) C (8x)

B) C (2x) - Am (2x) - C (2x) - Am (2x)

C) C (4x) - Em (4x) - Am (4x) - F (4x)

D) D (2x) - A (2x) - F#m (2x) - A (2x)

E) C (1x) - G (1x) - D (1x) - G7 (1x)

## **Tips from Kevin**

- *Watch your hand when first learning this technique*
- *Don't be afraid to practice slowly. Build good mechanics, speed will come with practice*
- *Keep the nails on your strumming hand short. This will prevent your nails from catching on the strings.*
- *Have fun and practice this the triplet often!*

Print chord charts: [\*\*www.allforuke.com/pdf-library\*\*](http://www.allforuke.com/pdf-library)