



STEP UP YOUR STRUMMING LEVEL 2 | DAY 1

Adding Mute/Chuck to the Island Strum

Count: 1 - 2 - & - & - 4 - &

Strum Pattern: D - M - U - U - D - U

Strum Pattern II: D - M - U - U - M - M

PRACTICE EXERCISES:

@ 70bpm, 75bpm, 85bpm, 95bpm

1. A (2x) - Bm7 (2x)
2. A (2x) - Bm7 (2x) - C#m7 (2x) - Bm7 (2x)

@ 70bpm, 75bpm, 80bpm, 85bpm

1. A (2x) - D (2x) - E (2x) - D (2x)
2. D (1x) - A (1x) - F#m (2x)
3. F#m (1x) - A (1x) - Bm7 (1x) - C#m7 (1x)